



FOREST WELLNESS P. 4 FISHING FOR THE BEST CATCH P. 6 CHALETOLÈOLÈ P. 7 GOOD THINGS FROM THE GUTSHOF P. 8

WWW.TRATTLERHOF.AT



Dear friends of the Trattlerhof!

When you stay with us, you should feel GUTthat's our heart's desire. In times like these, it's all the more important that we have plenty of room for our guests. And that we don't take any chances when it comes to safety. That's why we've fared so well these last few months. And still have plenty of delightful moments in store for you in the months to come. For example, in our new outdoor pool in our forest spa – but more about that later. Or how about saddling up on one of our steeds or relaxing in a horse-drawn carriage? Experiencing the Nockberge up close and personal is truly unforgettable. Families will love our Kids Paradise with 400 square metres of pure fun. And you can rest assured

knowing your stay with us is more than just climateneutral, it's certified and guaranteed. If you've ever wanted to see what it's like to drive an electric car, now is your chance to test drive one! A Tesla X and Mercedes B electric drive are available for hire. And there's still so much more to share... you know what? Why don't you just come and visit us. It'll be great - we promise! PS: A small, cheeky detail: We invite you to fill out your registration form online before your arrival so your check-in is done in a flash ... and you can dive right into your holiday!

Your Trattlers Hofleute and the Forstnig Family

Familie Fasting

GOOD FOR 500 YEARS. A HOST FOR FIVE GENERATIONS. AND IT SHOWS

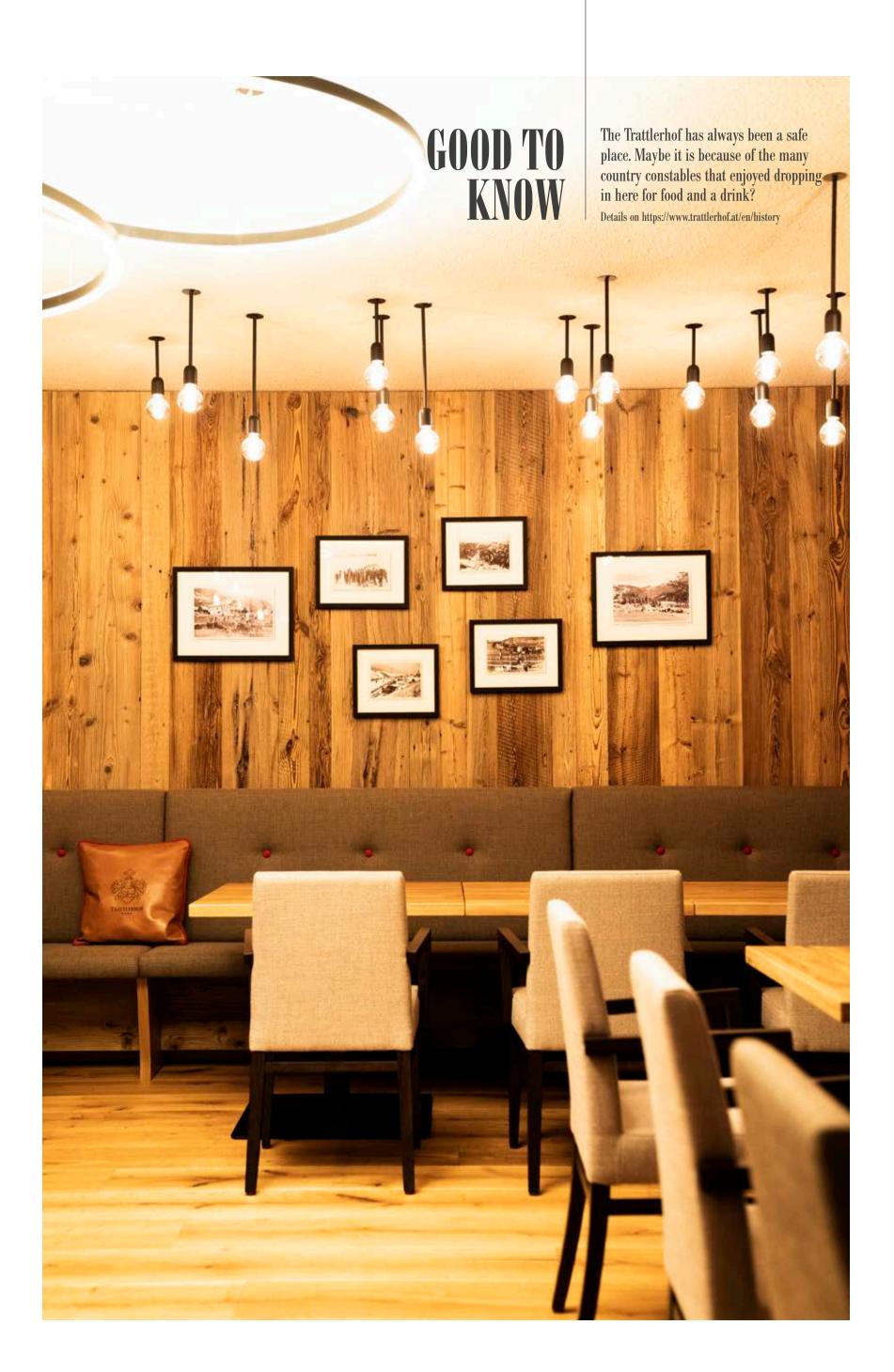


At the Trattlerhof, giving you plenty of space is important to us. That's why many of our rooms and suites are extra spacious, so you can breath easily. Rooms where you can stretch out freely make for enjoyable holidays - where the operative term is your own private space. If you enjoy some alone time and approaching the day at a distance, you'll find our "private indulgence" invitation tantalising. On a special menu dedicated to the enjoyment of delicious meals in your own room, we offer mouth-watering slow food snacks and an exquisite



means you let room service know what your wishes are. This transforms our rooms and suits into your very own holiday venue where you'll feel right at home. Interim lord and lady of the manor, so to speak. With an atmosphere that you also enjoy coming home to when on vacation after unforgettably eventful days. In rooms that give free rein to live your holiday dreams to the fullest during the most precious time of the year.

After all, unforgettable holidays don't just need big ideas, they also need to be accommodated in a big way.







A CAPTIVATING HOST

In the past, we have often considered creating our very own Trattlerhof playlist for our guests. With good, honest music that suits us and our guests. So our big group sat down together with a pen and paper and started thinking of suitable song titles. Until one of us suggested: "Why not just listen right now". Everyone lowered their gaze and put their pens aside. And listened. That's when we realised: how could we have not heard it before? Perhaps the most fitting music of all. And guaranteed one-of-akind, right here in Trattlerhof's garden.

The musician who performs here 24 hours a day, 365 days a year and makes every effort - with a name that has a nice ring to it: the Twengbach, also known as the Kirchheim stream that flows right along the edge of our property. At times, its waters rush a little louder - after heavy storms or when the snow thaws - at others, it idly sings its gentle tune. It's a pleasure to the ears and will put you in good spirits. For some, it is a pleasure to behold and for others, it moves them deeply. There are guests who think of yoga when they look down from their room balcony and let themselves flow with it. Or others who gaze out from our forest wellness area and whose thoughts come to rest on its rippling waters. That's when the gentle ripples of the Twengbach wash away their everyday worries. PS: As for the playlist? We threw out on the spot. Life is life.



EVERY INCH MATTERS

The little, but fortunately much warmer and calmer brother of the Twengbach is our new relax pool that offers a spectacular view. And has quickly found its way into the hearts of our guests. Every inch of it. Its water is a delightful 31 degrees Celsius – all year round. As a relaxing addition to the indoor pool. There's nothing better after a long day of skiing than lying down on one of our bubbling loungers and letting the bubbling waters revitalise your back and legs. While you gaze in wonder at snow flakes swirling around your nose. Or look out into the forest, into the sun and into life from a pool perspective.



"WAY UP THERE – THAT'S WHERE I'M FROM"

There's a reason why they say: "Good things come from above". In our case, we are referring to tingly, cool and refreshing waters that splash down from high above cooling hot heads and delighting those needing to cool off. But not to worry: there's a "red button". But the "good" kind and not the one from



DEDICATED TO THOSE WHO LOVE ACTIVITY

"There's always something to do". Whenever you really feel like it. We'll save you the full introduction to Trattlerhof's world of activity and keep it to: horseback-riding, vintage tractors, bread baking, torch-lit hikes, rides in horse-drawn carriages, electric car excursions, our Kids Paradise, fishing, biking and much more. And just a brief mention of our meditation and yoga sessions, which we offer in our new open-view refuge which we affectionately call the lens. Twice a week, we offer exceptional meditation here while yoga enthusiasts can get their fix once a week. PS: ever heard of the Mountain Yoga Trail in Bad Kleinkirchheim? At

nearly 2,000 metres above sea level, you will see and hear a lot more than just a friendly namasté.



the fire brigade, pool lifeguard or the boss Jakob – but one that brings warm water, without a doubt one of the best friends of any wellness enthusiast.

GOOD TO KNOW

It babbles along peacefully. The stream. As it always has been. Without a doubt, more than 3,000 litres a year flow down it. After all, that's how many litres of wine were already being dispensed back in 1757 Everyone's talking about forest bathing. Letting yourself be caressed by the forest is a fine thing indeed. But we thought, if the prophet doesn't want to come to the mountain or the forest, then we'll bring it to the prophet – or our guest. You'll hear, see and feel it all around you – with all your senses. As if it is reaching all the way into our delightfully spacious supervisory authority area. So keep your eyes and ears open!

FOREST WELLNESS

DAYS FOR CUDDLING DELUXE

3 nights incl. half board 4 Feel-good-days

starting at EUR 319,- p. P.

TO WRAP UP AN falstaff EXCEPTIONAL FISHING **EXPERIENCE**







Our Einkehr. An extension of Trattlers lodge in the valley. This is where we cook passionately and dine heartily. We are pleased to welcome our most recent addition, David Regenfelder, a professional chef to the forefront of the guys and gals on our cooking team. And ask him to share some of his thoughts with us:

You love meat, do some preparation of your own and use everything "from the nose to the tail". How does one become a vegetarian fine-dining chef?

By seeing meat as an addition to a meal and the accompaniment (that is, the vegetarian part) as the centrepiece and primary source of taste. Healthy, vegetarian ingredients are the basis for every good meal, whether the meal is with fish, meat or without...

Basically from Saul to Paul and back again (or could that be Dr. Jekyll & Mr. Hyde)? Yes, the perfect combination is what makes that small, yet decisive difference.

As a passionate fisherman, you're sure to enjoy the local surroundings. What do you consider your big catch from the house pond here at the Einkehr?

Without a doubt, my big catch here is the incredible atmosphere and peacefulness that awaits when you cast off during your break and prepare top quality catch for our guests in the eventing.

How much is what the Einkehr offers vegetarian? It offers a solid base, which we will continue to build on in the time ahead based on my ideas and expertise.

Describe your kitchen in three words? Light, honest and passionate

How would you describe your colleagues in three words? Perfecting, reliable and like family





SMOKE ON THE WATER

Carlo Petrini, initiator and mastermind behind the international slow food movement coined the essential terms of "new cuisine": buono, pulito e giusto. Good, clean and fair. If any of these key elements is missing, then it isn't slow food according to Petrini. Not to worry at the Trattlerhof or the Einkehr. We work personally with agricultural producers from our region renowned for its epicurean delights on equal footing and on the basis of a fair hand shake. What we whip up in our kitchen with all its love of culinary details brings to light another aspect of slow food. For delights of this kind, it's important to take all the time in the world.

Our ancestors in particular smoked what they brought home from the forest, meadows, streams and lakes in order to preserve it. In our age of freezers and flash-freezing, our reasons for doing so have changed. Today, we smoke meat and waterfowl because of the rich abundance of flavours smoking brings. Above all, you won't want to miss exquisite, smoked native fish which we serve fresh out of the smoker at our "Einkehr": upper Carinthian trout, char and Carinthian salmon ... and what's more the aromatic wood and herbs of the Nockberge ... flavours you'll only find here. One-of-a-kind.



WINE GROWERS **ON THE MOUNTAIN**

To the program

2 nights incl. half board Wine tasting Dégustation menu and much more

starting at EUR 289,- p. P.



Trattlers Hof chalets: with everything that makes a rustic alpine chalet so cosy – and everything that makes your precious holiday a luxurious getaway. The wood is what creates this welcoming, cosy atmosphere. Spruce and larch from our forests fashioned in the tradition of our local carpenters. Downto-earth architecture characteristic of the communities of the Nockberge.

Individuality combined with the charming luxury of one's own chalet right in the middle of the mountains. All we can say is: private SPA with outdoor tub, sauna and a discrete terrace – harmoniously blended into the surroundings. Want to get a move on during your getaway? Then try our hotel's programme for activity enthusiasts available to chalet guests in case you feel like emerging from your secluded paradise. Want to cook on your own? Be our guest. Our region offers a wealth of delightful ingredients that will challenge the imagination of even the most enthusiastic hobby chefs. Or do the hands on your culinary clock point to full-fledged culinary indulgence from morning to evening. Starting with our daily breakfast service. We deliver the best of the Trattlerhof's breakfast buffet right to your door so the feast can begin. Lunch and dinner? Ideally, you should have it served to you fresh from our "Einkehr" accompanied by a splash of wine from our well stocked cellar. Here, just about everything that's good can be found right at your doorstep. Hiking trails, bike trails, ski-in/ski-out in winter. Just a few steps to the Trattlerhof and only a few more to the town centre. And countless ways to spend the perfect holiday. While golfing or sailing on Carinthia's lakes. While enjoying a leisurely mountain bike ride on well maintained trails (electric bikes are available for hire), when walking and hiking on the soft ground of the sunny Nockberge. Or on the back of a thoroughbred horse ... in any case, you will have a lot to tell your loved ones



when you get back to your chalet after the perfect adventure-packed day. After an unforgettable holiday in the heart of Carinthia's Nockberge where the sun will shine on even after you return to your everyday routine.





3 nights horse carriage ride candle-light dinner in our chalet restaurant Einkehr

starting at EUR 889,-for 2 persons

GOOD THINGS KKOMTHR HINSHOR

VACATION IN NOVEMBER FOR ,,TRATTLERS HOFLEUTE" FROM 2/11 TO 3/12

WE ARE RECHARGING OUR BATTERIES AND COMING UP WITH NEW IDEAS FOR OUR REOPENING ON

NOVEMBER / DECEMBER



3 OR 5 NIGHTS, BREAKFAST SERVICE, PRIVATE SPA, 1 THERMAL BATH ADMISSION **STARTING AT € 539,**- (3 N FOR 2 P.) 02.11. - 03.12.





DECEMBER



SUPER SKI DAYS

3 NIGHTS INCL. HALF BOARD, SKI PASS OR THERMAL BATH ADMISSION FOR 3 DAYS IN THE RÖMERBAD THERMAL BATH, 1 PARTIAL **BODY MASSAGE**

STARTING AT € 449,- P.P. 09.01. - 29.01., 27.2. - 05.04.



PLANNED FOR: 17TH - 24ST JANUARY **"WENN DIE MUSI** SPIELT" (WHEN THE MUSIC PLAYS) WINTER HIKING WEEK

DATES ONLINE

IT'S KLAMMER TIME AGAIN – IN FEBRUARY

HIT THE MOUNTAIN AT THE CRACK OF DAWN. WITH OLYMPIC CHAMPION AND DOWNRIGHT GREAT GUY FRANZ KLAMMER

FEBRUARY

HE 1-EURO-K I PA SS

FAMILY FUN DOESN'T GET ANY MORE AFFORDABLE. WHEN KIDS 12 AND UNDER SKI CIRCLES AROUND THEIR PARENTS FOR JUST ONE EURO A DAY. 7 NIGHTS INCL. HALF BOARD, 6-DAY SKI PASS, PONY FARM, PIZZA **BAKING COURSE AND MUCH MORE STARTING AT € 2.129,-** (2 ADULT + 1 CHILD) 05.03

RMAL BATH

2 NIGHTS INCL. HALF BOARD, 15 % DISCOUNT OFF ADMISSION TO THE RÖMERBAD THERMAL BATH OR THE ST. KATREIN THERMAL BATH STARTING AT € 189. – P.P.

4TH DECEMBER WINTER-OPENING DIVE INTO WINTER AND LIVE LIFE TO THE FULLEST. OUR SKI SEASON IS STARTING. YIPPPYYYY.

JANUARY **SKIING & THERMAL BATHS. PURE**

MY SLOPES, MY THERMAL BATHS.



03



MARCH

HERE COMES THE SUN ...

SKI & THERMAL BATHS IN MARCH: 3 NIGHTS INCL. HALF BOARD; 3-DAY SKI PASS, 1 THER-MAL BATH ADMISSION FOR 4 HOURS IN THE RÖMERBAD

STARTING AT € 399,- P.P. 06.03. - 26.03.

APRIL EASTER IN BAD KLEINKIRCHHEIM

PALMBUSCHENTRAGEN (WILLOW TWIG BOU-QUET TRADITION), FLEISCHWEIHE (CONSE-CRATION OF FOOD), RATSCHEN (NOISEMA-KING TRADITION) AND LOOKING FOR NESTS? EXPERIENCE EASTER CUSTOMS AND CULINA-RY TRADITIONS FIRST HAND



NEW HEIGHTS



TEE TIME LADIES & GENTLEMEN: GOLF & DINING FOR A GOOD CAUSE IN A DELIGHT-FUL ATMOSPHERE AT BAD KLEINKIRCHHEIM GOLF CLUB

CHARITY WINE & GOLF CUP

2, 3 OR 7 NIGHTS INCL. HALF BOARD, 2 GREEN FEES & ENTRY FEE, PARTICIPATION IN THE GALA DINNER INCLUDING WINE TASTING, AWARD CEREMONY INCLUDING A DÉGUSTA-TION MENU, FAREWELL GIFT STARTING AT **€ 329,** - (2 N, P.P.) 06.06. - 13.06.



MOUNTAIN LAKE EXPERIENCE

3 NIGHTS INCL. HALF BOARD, CARINTHIA & SUNSHINE CARD, 1 GUIDED HIKE OR 1 GUI-DED NOCKBIKE MTB starting at € 259,- P.P. 12.5. - 02.11.



AUGUST

SADDLING UP SINCE 1642

WALK, CANTER, GALLOP AND MUCH MORE. HORSEBACK RIDING ENTHUSIAST WEEK 7 NIGHTS INCLUDING HALF BOARD, 6 HORSE-BACK RIDING SESSIONS FOR INSTRUCTION OR GUIDED EXCURSIONS, REGULAR TABLE FOR RIDERS, TORCH-LIT HIKE STARTING AT €639, - P.P. 12.5. - 02.11.

THANKSGIVING & WINERIES

IF THE REGION'S BEST IS ON YOUR PLATE, THEN IT SHOULD ALSO BE IN YOUR GLASS. THE EPICURIAN FESTIVAL IN BAD KLEINKIRCHHEIM

PLANNED: 2. SATURDAY IN SEPTEMBER

ALMABTRIEB

(CEREMONIAL DRIVING DOWN OF THE CATTLE FROM THE MOUNTAIN PASTURES)

SEPTEMBER

CULINARY NIGHTS

2 NIGHTS INCL. HALF BOARD, 1 GUIDED WINE TASTING WITH A RENOWNED WINEGROWER, 1 "CULINARY NIGHTS" DÉGUSTATION MENU AT THE EINKEHR, VISIT TO THE EPICURIAN BAZAAR, CARINTHIA AND SUNSHINE CARD STARTING AT € 299,- P. P.



FROM THE COM-FORT OF YOUR (BIKE) SEAT

THE MOUNTAIN. THE BIKE. THE TRAIL. OFF YOU GO. "BIKE MEETS FLOW TRAIL" 2 NIGHTS INCLUDING HALF BOARD, 1 X 4 HOUR CARD KAISERBURGBAHN INCLUDING BIKE TRANS-PORT, 15 % DISCOUNT OFF ADMISSION TO ONE OF THE TWO THERMAL BATHS STARTING AT \in 209,- P.P. 12.05. - 02.11.

JULY PACK YOUR SWIM THINGS, TAKE YOUR... MORNING ON THE MOUNTAIN. THE REST OF

MORNING ON THE MOUNTAIN, THE REST OF THE DAY AT THE LAKE. OR THE OTHER WAY AROUND? THE MILLSTÄTTERSEE, A NATURAL TREASURE, IS AN ATTRACTIVE DESTINATION JUST AROUND THE CORNER.

PLANNED: 17TH JULY FRESH FISH **FISCHFEST** (FISH FESTIVAL) IN FELD AM SEE.



OCTOBER

CHALET DE LUXE CUDDLING DAYS

3 NIGHTS INCL. PACKAGE FOR ROMANTICS, HORSE-DRAWN CARRIAGE RIDE OR TESTLA ELECTRIC CAR TEST DRIVE, ROMANTIC CAND-LELIGHT DINNER AT THE EINKEHR, CARINTHIA & SUNSHINE CARD STARTING AT € 639,- (FOR 2 PERS.)



AKTIV PARK AT 2,000 M ABOVE SEA LEVEL

As if the mountains themselves weren't enough of a perfect piece of sports equipment that just happen to be right here and available to all free. No, we Kirchheimers had to take it one step further. With our Aktiv Park situated right by the Brunnach top station. Where 3,000 square metres of room for activity at 2,000 m above sea level, not to mention a wide range of stations to discover await those who love activity, whatever their age. Here, they can improve their skills and coordination while also having plenty of fun at the same time.

1.4 KM OF BREATHLESSNESS

Here in Bad Kleinkirchheim we don't like to rush to keep up with records. But we're still proud of the fact that Carinthia's first and Austria's second alpine roller coaster will be launched in the winter of 2020/21. And it will take guests with a sense of adventure on an unforgettable ride down into the valley in summer and winter. Its 1.4 km won't take them over rough and smooth, but rather up and down – and around 26 curves. And that at a speed of up to 40 km/h.

BIKE KLEINKIRCHHEIM

What we could have never imagined back then has become a reality in recent years. One look at the parking lot where more and more cars arrive equipped with bike racks says it all. One in 2.7 guests – please excuse the statistical figure – arrives here at the Trattlerhof in summer and fall with their own bike. This figure would have been unimaginable in the past since alpine hikers and their backpacks clearly led the pack. That's probably the reason why many bikers affectionately call this place "Rad Kleinkirchheim" (Rad is the German word for bike) - because of its rise to a major biking destination. And that was well before Europe's longest flow trail opened in the summer of last year. The trail takes bikers on a satisfyingly smooth ride down to the valley over a whopping 15.4 km from the Kaiserburgbahn, spanning an altitude of nearly 1,000 m. An added bonus: it's not just a paradise for full-fledged MTB enthusiasts, it's also perfect for sports enthusiasts taking their first steps or new to mountain biking as there are also plenty of detours that bypass more challenging passages, not to mention outstanding spots for taking a break and relaxing.



MOUNTAIN YOGA TRAIL

As beautiful as it is with us down in the valley, many people can't resist the allure of the mountains. Onward and upward. Which actually comes as no surprise. Carinthia's number one Mountain Yoga Trail at nearly 2,000 metres above sea level attracts

many mountain enthusiasts. The experiences begins at the top station Biosphärenparkbahn Brunnach. From there, at its 10 stations, visitors carefully and mindfully attempt to not only get closer to nature, but also to themselves. In so doing, they heighten their awareness of their everyday surroundings and the way they see things. To go deeper. Up high.







11 SUMMER & WINTER

SIOWY SIOWY WBBKS

If there's anything our guests don't need, it's wetter.at or wetteronline.com. Why? Because here on the south side of the Alps, we are fortunate that most freak weather conditions tend to make their way around us and that, as a result, we can still offer sunny skies while others are being swallowed up by thick grey fog. At the same time, we can still trust that Jack Frost will bring fresh winter snow when the time is right. And that our hard-working snow making companions that line the slopes will get the help they need to blanket our slopes with fresh snow. Anything else? Oh yes, believe it or not, many of our cherished guests don't race up and down the slopes all day. On the contrary, many of them prefer to stay at home, enjoy our forest wellness area, a horse-drawn carriage ride, visit the pony farm with the kids or learn to bake delightfully aromatic bread.

SPRUCED UP

Up in this magazine, we have had the pleasure of presenting all kinds of new things to you. Interested in the next chapter that is sure to put a smile on the face of any skiing enthusiast? Well, in that case, the 6-seater Spitzeck chair lift – the biggest investment of the lift operator in the last five years – will open right in time for the start of the season in December 2020. What's in it for you? Even fewer people at the valley station and less time to get to the peak – it couldn't get any more convenient.

HIKING AT ITS BEST

19 10

Discover the Nockberge – and maybe this time leave your skis at home? Perhaps the 60 km of cleared winter hiking trails nestled idyllically in the surrounding region will do their part to convince you. A never-ending supply of fresh air and snowwhite sights along the trails. Sweeping views of our land and insight into its people.



GOOD

Did you know that Austria sports legend Franz Klammer is an honorary citizen of Bad Kleinkirchheim? And that he'd like to go for a ski with



CROSS-COUNTRY GUARANTEE

By the way, as soon as temperatures allow in December, you can set off on our 8km of synthetically snow-covered cross-country ski trails through Bad Kleinkirchheim.





"Talking brings people together" or so the Carinthian expression goes. In the end, you decide whether what our "Hofleute" have shared and the efforts they have invested have delivered.

Who's just keeping their head above water? Why?

Our department heads who are testing the new Waldblick outdoor pool here in the big photo. And who are hopefully not getting too much of a mouthful. But in general, they always manage to keep their head above water, even when we enter "unchartered waters".

Who would you like to front crawl a length with? Johnny Weissmüller... he'd be perfect for our team. He's also more than a one-trick pony – just like we are: Tarzan and Olympian

What kind of wishes from our guests keep you on your toes?

An order for "private dining" in our panorama sauna.



Has the kind of guests you welcome changed since you added your "Forest Wellness" area? Yes, the number of regular guests has increased significantly and we also welcome more wellness enthusiasts.

Yoga and meditation are important at your establishment. A trend or is there a future in this? We have seen many trends come and go here. In the end, what's genuinely good tends to stick around. Take meditation, for example. Basically, it's been here since 1642.

The most romantic moment at the Trattlerhof since 1642?

A marriage proposal in the horse-drawn carriage is always a delight...especially because our coachman, Sepp, shares some valuable last-minute tips with the groom-to-be...

The best complement you've ever gotten from one of your young guests?

"I'M GONNA STAY HERE AND LIVE WITH THE HORSES. MY PARENTS CAN

Time and again, I see a busy assistant equipped with a fine brush and all kinds of paint rush through the house. What is he up to? Ohhh, that's our Hof painter Karl. He's always busy impressing us with his skills. On your next visit, have a look through the house and you'll find a door that appears to be made of larch wood. That's how he spruced up our less than charming lift door. Or the old lettering he painted on the historical walls... a true delight.



In 1737, documents report of 3,000 gulden that vanished from the imperial treasury. Which the thief Paul Zopf had to pay for with his head. Are there still cases like that today?



What I've wondered for the past 50 years: do horses sleep standing up?

Yes, because they're prey animals. But they sleep for no more than 15 minutes, an estimated 30 times a day. Very few, but 100% of the cases are solved. The "off with his head" approach seems to have been an effective deterrent.

If the Trattlerhof was a person, who would it be? Sigmund Freud – the Trattlerhof is therapy for almost everyone who comes here.

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